



PAPAGAIO

MAY NEWSLETTER

WEBSITE: PAPAGAIO-I.ORG
EMAIL: PAPAGAIO@KCL.AC.UK

May 2026

Welcome to the next edition of the
PAPAGAIO monthly newsletter!

**We will now be including recruitment figures
from the Delivery, Biobank and Validation
studies, so keep an eye out for the participant
tables below!**

**We finished April with a total of
1360 randomised to PAPAGAIO**



Diagnosis!

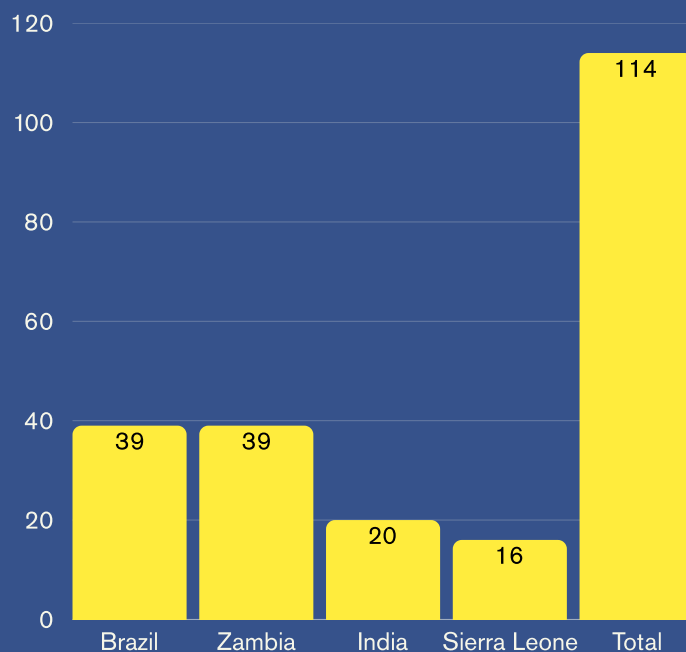
**Congratulations to everyone for reaching our overall
target! Individual sites should be aware of the next steps
relevant for your location, please contact the KCL team if
there is any clarification required!**

April stats:

Sites open: **15**

Participants randomised: **114**

April Diagnosis Recruitment
Numbers



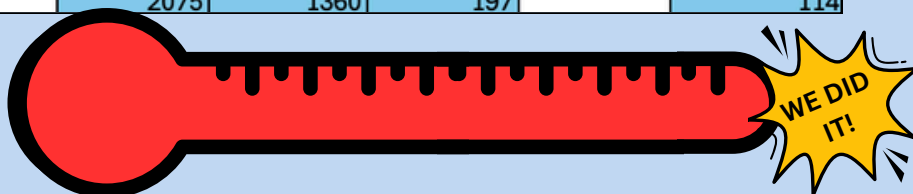
Site	Country	Date opened	Total screened	Total randomised	Screened (Apr)	Eligible (Apr)	Randomised (Apr)
Botucatu Medical School	BR	01/07/2025	211	204	16	16	11
Ribeirão Preto	BR	14/08/2025	119	116	10	10	10
Belo Horizonte	BR	09/10/2025	33	33	5	5	5
Campinas State University	BR	29/11/2025	48	44	9	9	9
University Hospital of Brasília	BR	09/03/2026	12	12	4	4	4
Women's and Newborns University Teaching Hospital	ZM	15/07/2025	211	144	17	14	14
Ndola Teaching Hospital	ZM	17/07/2025	158	112	10	6	6
Kitwe Teaching Hospital	ZM	17/07/2025	138	97	7	7	7
Kabwe General Hospital	ZM	16/07/2025	202	106	18	12	12
PGIMER, Bhubaneswar	IN	09/10/2025	168	72	26	9	9
SMS Medical College, Jaipur	IN	17/10/2025	143	122	10	8	8
BDLE (Deemed to be University), Vijayapura	IN	11/10/2025	294	64	49	3	3
Princess Christian Maternity Hospital, Freetown	SL	18/11/2025	107	100	6	6	6
Aberdeen Women's Clinic, Freetown	SL	22/01/2025	13	13	5	5	5
Maternal Centre of Excellence Koidu, Kono	SL	10/03/2026	15	13	5	5	5
GRAND TOTAL			2075	1360	197		114

DIAGNOSIS PARTICIPANT

TRACKER

GOAL: 1310

Current: 1360





PAPAGAIO BIOBANK AND VALIDATION RECRUITMENT NUMBERS (JAN-APR)

JAN

Site	Country	Date opened	Total Biobank	Total Validation	Recruited Biobank (Jan)	Recruited Validation (Jan)
Botucatu Medical School	BR	19/01/2026	12	5	12	5
GRAND TOTAL			12	5	12	5

Congratulations to Botucatu Medical School, and our Biobank and Validation Studies lead, Dr Mukape Mukape, for commencing recruitment in January 2026!

FEB

Site	Country	Date opened	Total Biobank	Total Validation	Recruited Biobank (Feb)	Recruited Validation (Feb)
Botucatu Medical School	BR	19/01/2026	26	19	14	14
GRAND TOTAL			26	19	14	14

MAR

Site	Country	Date opened	Total Biobank	Total Validation	Recruited Biobank (Mar)	Recruited Validation (Mar)
Botucatu Medical School	BR	19/01/2026	51	24	25	5
GRAND TOTAL			51	24	25	5

APR

Site	Country	Date opened	Total Biobank	Total Validation	Recruited Biobank (Apr)	Recruited Validation (Apr)
Botucatu Medical School	BR	19/01/2026	65	35	14	11
University Teaching Hospital, Lusaka	ZM	21/04/2026	4	0	4	0
Ndola Teaching Hospital	ZM	27/04/2026	1	1	1	1
GRAND TOTAL			70	36	19	12

As of the end of April, **three** sites had commenced recruitment to the Biobank and Validation Studies: Botucatu in Brazil, Lusaka in Zambia, and Ndola in Zambia!

PAPAGAIO DELIVERY RECRUITMENT NUMBERS (APRIL)

Site	Country	Date opened	Total screened	Total randomised	Screened (Apr)	Eligible (Apr)	Randomised (Apr)
Women's and Newborns University Teaching Hospital	ZM	08/04/2026	5	3	5	3	3
Ndola Teaching Hospital	ZM	09/04/2026	5	4	5	4	4
Kitwe Teaching Hospital	ZM	16/04/2026	3	3	3	3	3
Kabwe General Hospital	ZM	09/04/2026	8	2	8	2	2
GRAND TOTAL			21	12	21		12

Following training and site initiation visits across the country, all Zambian sites opened to the PAPAGAIO Delivery Trial by the end of April!



SPOTLIGHT: PAPAGAIO Training in India!



In April, Dr Alice Hurrell from KCL, and Dr Mukape Mukape from Lusaka travelled to India to deliver training sessions for the Delivery Trial, and the Biobank and Validation Studies across the country!



SPOTLIGHT: PAPAGAIO Training in India!





SPOTLIGHT: PAPAGAIO Training in India!





SPOTLIGHT: Lessons Learned from PAPAGAIO Teams in India!

Our **Indian** teams have very kindly shared some words of wisdom about how they've been working on PAPAGAIO so far. Across all sites, they are the only country to have **ZERO LOSS TO FOLLOW UP!** We are grateful for their advice and top tips discussed during the April visit.

Dr Geetanjali has devised a **follow-up log** to help tailor the level of contact to women depending on their gestation. It's a balance between not wanting women to feel pestered, but not wanting to lose them! This follow-up log helps facilitate "continuous follow up, support and encouragement over the phone."



She also advised that during the screening process, they aim to find out where the woman lives in relation to where she is likely to deliver: for example, some women are not recruited if where they live is far from the delivery hospital, as they are less likely to be able to be followed up.





SPOTLIGHT: Lessons Learned from PAPAGAIO Teams in India!

Dr Bidri from Vijayapur has fed back that PIGF helps to manage patients efficiently- though they had no experience of PIGF at all beforehand, and previously may have terminated early, clinicians can now understand when to terminate and when to manage expectantly.



Vijayapur site also advises that to mitigate loss to follow up, ensure you take the participant's own phone number, their relative's phone number (a minimum of two different numbers!), and if you feel like communication is dropping off, attempt to call them day by day until they are back on track.

The Hubballi team have been very involved in communicating with their patient population to encourage them to attend their appointments, even utilising their community health workers (AHSA workers) who accompany women to their ANC appointments, have a good understanding of preeclampsia, and know that these women need the specialist centre input.



SPOTLIGHT: Lessons Learned from PAPAGAIO Teams in India!

The Jaipur team are working with the local health centres, developing documentation solutions to reduce loss to follow up. For example, some health facilities do not allow photography of medical records, but the team are allowed to copy the records on a blank piece of paper to then enter into the database. The PIs have also been instrumental in helping locate the records of women who deliver outside of the main health facility.

From the Bhubaneswar team, they have learned to phone participants frequently if they are recruited close to term- sometimes only a few days after recruitment to reduce the risk of loss to follow up!

The Belagavi team have had experience improving patient sensitisation to PIGF testing: some women know the test costs money privately, so when it is offered free with PAPAGAIO enrolment, they expect a hidden agenda! Informed consent is critical, as well as engaging the participant, partner, and sometimes even their family doctor to patiently explain the purpose of our research, and educate.



NOTICES

Happy **World Preeclampsia Day** in advance! We are very excited to hear about the activities happening across all PAPAGAIO sites- some have already started! Please remember to take **pictures** and **videos** we can share with the rest of the team!



The poster features a white background with a repeating pattern of small grey crosses. At the top, there are three logos: the CRIBS logo (a globe with 'CRIBS' and 'GLOBAL' text), the APEC International logo (a stylized orange figure holding a globe), and the Action on Pre-eclampsia logo (a blue circle with a white swirl). The main title 'World Pre-eclampsia Day Webinar 2026' is in large, bold, dark blue letters. Below it, the subtitle 'Know HER Symptoms' is in a smaller, dark blue font. A large QR code is centered on the page. At the bottom, the date 'Friday 22nd May 2026' and the time 'Time: 12pm-2pm' are listed. A line drawing of a pregnant woman is in the bottom left corner.

World Pre-eclampsia Day Webinar 2026
Know *HER* Symptoms

REGISTER NOW

Friday
22nd May 2026

Time:
12pm-2pm

The CRIBS Group are hosting a webinar on Friday 22nd May, 12-2pm BST! Please join if you are available!



NOTICES

Can you help us with our video project?



EMPOWERED
Early Monitoring of Postnatal Women to Reduce risk of chronic kidney Disease

KING'S
HEALTH
PARTNERS



World Pre-Eclampsia Day: May 22nd 2026

In the run up to World Pre-Eclampsia Day on **22nd of May**, we are looking to put together a piece featuring input from survivors of pre-eclampsia.

We are asking contributors to please write a short sentence or word on a piece of card or paper (in large, bold writing!) to answer our question. Please take a picture or video of yourself holding your statement so we can compile the clips into a video.

You do not have to have your face in the video if it's more comfortable for you.

Our question is:

What do survivors of pre-eclampsia want?

Please submit your pictures and videos via whatsapp, or email chiamaka.i.elumogo@kcl.ac.uk

THANK YOU ALL FOR YOUR HARD WORK